TUES 28 JAN - SAT 1 FEB

PRAYER & FASTING

ONLINE & IN PERSON INFO BOOK



Here we stand at the start of another year that is full of God possibilities and opportunities. There is God's part, and then there is our part - prayer is a huge part of that.

This booklet gives you information about what that involves and how you can participate.

In Colossians 4:2, the apostle Paul writes that we are to "devote ourselves to prayer". It is not an ought to, but a must do as a Christian. Jesus modelled it, the early church was built on it, and we must likewise embrace it in our daily lives.

Prayer at its simplest level is asking God to be God. God answers prayer because He cannot be anything else but true to who He is.

Prayer connects us with God. It reveals and clarifies His purpose for our lives, it empowers us to live supernaturally and helps us to approach the present and future with faith not fear.

Prayer is what teaches us to not only live FOR God but WITH God - it is a relationship and meant to be at the very core of who we are and how we live. If prayer is not central to our lives, we will fill the vacuum it leaves with other things – things like self-effort, fatalism and activism.

These things can never deliver the outcomes that only God can. As followers of Jesus, we are called to live a different way, as those who understand the priority, passion and power of prayer.

James 5:16 AMPC says it this way "...The earnest (heartfelt, continued) prayer of a righteous person makes tremendous power available [dynamic in its working])"

As a church we set aside a week, twice a year, to pray and fast together, as we see the early church did from time to time. This booklet will give you information about how you can participate.

We are believing for a powerful week.

Much love, Matt & Gill Senior Pastors

SOMEHELPFUL THINGS TO PUT IN PLACE AS YOU PRAY:

Have a Certain Time

Jesus got up early in the morning to spend time with His Heavenly Father. Make a daily appointment with God — whether it's first thing in the morning, at lunch, or in the evening — and faithfully keep it.

Have a Certain Place

Jesus had a specific place He went to pray. Having a designated place to pray helps us remove distractions and frees us to worship and pray out loud.

Have a Certain Plan

When Jesus taught His disciples how to pray, He gave them a prayer outline. We call it "The Lord's Prayer." This outline is available in this guide. As we pray every day, our plans for our prayer time can vary, maybe including worship music, Bible reading, and quiet time to listen to God. It doesn't always have to look the same; it just helps when we have a plan for connecting regularly with God.

FASTING

Fasting is a biblical principle. Fasting disconnects us from the world, and prayer connects us to God.

The purpose is to create more time for God in our lives by giving up something. You can fast for the week from different things such as food (do a full liquid, partial food fast, or fast from dawn to dark, or any combination), TV, social media etc.

Whatever you fast from the purpose is to enable you to spend more time with God.



Jesus said to them

9"This, then, is how you should pray:

"'Our Father in heaven, hallowed be your name,

¹⁰ your kingdom come, your will be done, on earth as it is in heaven.

¹¹ Give us today our daily bread.

¹² And forgive us our debts, as we also have forgiven our debtors.

¹³ And lead us not into temptation, but deliver us from the evil one.'

MATTHEW 6:9-13

In Matthew 6 Jesus teaches his disciples not what to pray, but HOW to pray:

Connect with God Relationally

Vs 9 Our Father in heaven ...

It is fitting that Jesus does not start with his own need first, like many of us are inclined to do, but starts with a focus on God the Father - the relationship before the function.

2. Worship His name

Vs 9 ... hallowed be your name.

"Hallowed" means to make holy. We are to make his name holy through our worship of HIM. Often we want to come before God, complaining about our lack and our need, but Jesus teaches the disciples to FIRST praise his name and give thanks to Him.

3. Pray HIS AGENDA first

Vs 10 ... Your kingdom come, your will be done, on earth as it is in heaven.

The purpose of our prayer should be to pray for His kingdom to come and His will to be done. Prayer is not about coming to God simply with our personal agendas; rather, it is seeking HIS agenda for our lives first.

4. Express your dependance on Him for EVERYTHING

Vs 11 Give us this day our daily bread ...

God is our source, and He wants us to bring our needs to Him - not our greeds but our needs. If you have need in your life, Jesus is the answer - go to the source.

5. Get your HEART RIGHT with God AND people

Vs 12 And forgive us our debts, as we have also forgiven our debtors.

Confession is one prayer that Jesus never prayed because he never sinned, but he reminds us that sin (both omission and commission) accrues a debt to God.

The Bible says if we confess our sins, "He is faithful and just and will forgive us our sins and purify us from all unrighteousness" (1 John 1:9).

6. Engage in SPIRITUAL WARFARE

Vs 13 And lead us not into temptation, but deliver us from the evil one.

The world is filled with temptation and evil, and the Devil is committed to trying to tie us up in sin, because he knows sin separates us from God's presence. We are in a spiritual battle, and we fight in prayer.

Eph 6:12 NIV "For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms."

7. Express your faith in GOD'S ABILITY

Vs 13 (NKJV) For yours in the kingdom and the power and the glory forever, Amen.

Express your faith is God's ability. Nothing is too hard for Him.



Write down what you are believing God to do during this Week of Prayer:

For yourself:	
For another:	
For our church:	



Online

6:30AM - 7AM

Wednesday and Friday we will be connecting via Zoom at 6.30-7am for an online prayer meeting.

The Zoom link can be found via the Fusion App, Fusion website or the QR code below.



In Person

6PM - 7PM

On **Tuesday and Thursday** we will be meeting **in person** at the Hub at 6-7pm.

* We will also have an in-person prayer time at the HUB at 12PM-1PM on Friday with our staff team, that all are welcome to join.

DAILY PRAYER FOCUS



Tuesday God in us

IN PERSON AT THE HUB 6PM - 7PM

Wednesday Vision 2025

ONLINE VIA ZOOM 6:30AM - 7AM

Thursday Our Church

IN PERSON AT THE HUB 6PM - 7PM

Friday Our Communities

ONLINE VIA ZOOM 6:30AM - 7AM IN PERSON AT THE HUB 12PM - 1PM

Saturday - Break the Fast

Break the fast on Saturday morning with your family/some others from the Fusion family. Share with them what God has done in you over this time, and what you are believing for in 2025.

Sunday

CHURCH SERVICES 9AM & 11AM



Tuesday GOD IN US

JOIN US IN PERSON AT THE HUB 6PM - 7PM

THINGS TO PRAY FOR

- ...a fresh revelation of Jesus and what it means to know Him, surrender to Him, and follow Him.
- ...that people would experience the "more" of God in their lives
- ...refreshed and deeper connection times with God
- ...us to be full of His Holy Spirit and led by His Word
- ...a fresh revelation of what it means to be connected to and "planted" in His church
- ...a deeper honouring and appreciation of one another as His people
- ...to be disciples making disciples, followers producing followers.
- ...to actively share the work and love of Jesus with those around us

WednesdayVISION 2025

ONLINE VIA ZOOM 6.30AM - 7AM



THINGS TO PRAY FOR

...the exciting expansion of our venue through the leasing and fit out of the unit next door at 87 Hoskins St.

...the whole fitout process to be smooth

...the financial provision for everything that is needed. For everyone to see the part that they can play

...Vision Sunday on 16 February 2025

...our ongoing community impact through our CAP money mentoring programme, our Mainly Music Community Playgroup, the Alpha course, our partnership with Rahab Ministries reaching those in the sex industry, our venture with Red Frogs reaching University residential students, and other initiatives.

...the Fusion team led by Andrew and Christine Ford that are currently in MALANG, INDONESIA serving Waypoint Church.

Thursday OUR CHURCH

JOIN US IN PERSON AT THE HUB 6PM - 7PM



THINGS TO PRAY FOR

- ...our Senior Pastors, our Board, pastors, staff, ministry and small group leaders.
- ...new leaders to be continually equipped, raised up and released
- ...our Small Groups. For existing groups to flourish and new groups to be started. For the majority of people to be part of a small group where they can belong and grow.
- ...our church to be a model of reconciliation, unity and kingdom culture. A church of many nations and cultures.
- ...our various ministry areas to continue to grow and be effective
- ...our online presence to continue in its reach and impact
- ...new people to be welcomed and integrated well into the Fusion family
- ...ongoing salvations, baptisms and people engaging with church.
- ...unity and oneness of vision, heart and purpose.
- ...the visit of Ps Sam Monk, from Equippers Church, from 7-9 Feburary 2025

Friday OUR COMMUNITIES

JOIN US ONLINE
VIA ZOOM 6:30AM-7AM
*JOIN US IN PERSON @ THE HUB 12PM-1PM

THINGS TO PRAY FOR

...marriages to be strengthened and thriving

...families to be united, healthy and an example of God's pattern.

...those desiring to be married to believe for God's best and not settle for less. For purity, godliness and healthy boundaries in their relationships.

...our Youth – for God's revival fires to continue to burn, and for continued growth and impact. For the leaders leading our young people. For their schools.

...our Kids – for a passion for Jesus to be stirred and a discovery of who they are in Him. For the team who invest in them each week. For impact in the families these kids come from.

...our Young Adults – to see their purpose and calling and to pursue Him with all their hearts. For faith, hope and love to be their anchor and integrity their superpower. To be men and women of great influence for the kingdom.

...the older generation to see their ongoing value in helping disciple the generations following them. For renewed energy, vision and strength for what God has for them to do.

JAMES 5:16 (AMPC)

What has God done in you this week?

PRAYER & FASTING